



A M O R C

The Rosicrucian Order

# MASTER MONOGRAPH

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# THE CONCURRENCE

This Week's Consideration of a Famous Opinion



¶ The vital influence that light and color play in our lives has been given general recognition in the slightly more than fifty years since the quotation cited below was written. The field is still being explored by science and continuous experimentation conducted. Today, however,



even in industry the therapeutic value of nonfatiguing scientifically selected colors for work areas is acknowledged, while the layman, becoming more familiar with the subject, endeavors to incorporate adequate lighting and harmony of color in home planning.

*Scientists are approximating gradually a more correct knowledge of the colors, but do not seem to know why the blue and violet rays have such power to germinate seeds and cause such immense activity in vegetable growth, and do not explain why these same cold colors can, with certain other colors, cause far greater heat than those of the warm red end of the spectrum itself when taken alone. . .*

*As to the marvelous therapeutic character of colors, most of our works on the subject are silent, . . .*

*Atoms have amazing activities and chemical potencies, but how can we get into the real knowledge of light, color, electricity, magnetism and force of every kind as connected with matter, unless we know how matter itself is constituted?*

—DR. EDWIN D. BABBITT, M.D., LL.D., 1828-1905

To the Members of the Esoteric Hierarchy, Greetings!

Members in the higher Degrees who constantly have difficult problems in their social, home, or business affairs, and are annoyed by ill-health or upset mental conditions, sooner or later suspect that something is wrong with their environment, that something external to themselves is affecting their psychic development.

Many of these members say that there are weeks and months in the year when they are conscious of advancement and the fact that their intuition and psychic centers are working excellently. There are other times when they seem unable to do anything successfully. They know it is not something within themselves, not a lack of interest, and not due to anything connected with the work itself. They feel that some unexplained something is responsible for this condition.

In the past few monographs, we have pointed out the many peculiar influences which affect us. The sun, moon, planets and stars, Cosmic and earth rays, the vibrations and auras of individuals—all these things affect us; yet we are not responsible for any of them. We cannot run away from them. We cannot escape the complex vibrations of the Cosmic, and we cannot completely escape the crosscurrents of earth. We would have to isolate ourselves to get away from contacts with human beings and their inharmonious vibrations, things we cannot do and still go on with our daily affairs.

There are a few other influences affecting us that we should recognize, and then our discussion of this subject will be completed. In future monographs I will try to help you to overcome these influences or neutralize them. There is, however, no point in telling any sincere and interested member that he can neutralize these influences and keep himself harmonious and beyond them without first explaining what these influences are so that they can be analyzed and perfectly understood.

The greatest fear of the human consciousness is the fear of the "unknown." When a person has a temperature and feels ill, and when there are symptoms he has never had before, fear and worry seize him. Persons more often send for physicians to diagnose their conditions in order to know what is wrong than to have treatments. This is a sensible thing to do. When the physician takes your temperature, listens to your explanation, sounds your heart and lungs, and then smilingly says, "upset stomach," you feel relieved at once and immediately the process of becoming normal begins. As long as the condition was "unknown," you worried yourself into more illness and prevented the curative processes from taking place.



If a friend tells you that he has heard that some member of your family is going to be investigated by the police, you will worry until you learn what it is all about. Every

businessman realizes that certain angles of his business, or certain activities may be misinterpreted, and if misconstrued might lead to police investigation, get into the newspapers, ruin the credit of his business, his social standing, bring embarrassment to his children at school, and cause a great deal of unpleasantness. When the Police Department explains that it is simply gathering information for the National or State Chamber of Commerce, the relief is immediate and affairs are normal once more.

Throughout life we are affected greatly by the "unknown element." With persons who have not studied any philosophy similar to ours, and who are often very religious, there is always a fear regarding death or transition. The unknown element causes fear. What is transition like, where will the soul go, will it suffer, will it receive the rewards promised, will the individual still be able to guide young children in the right way, will all contacts with loved ones be broken? These are the questions which cluster around the fact of transition and invest it with uncertainty and fear.

Persons who have sacrificed everything to save money, and would have risked everything to build up a fortune, when faced by an illness that may result in transition are willing to spend everything to prevent death. It is not that they enjoy life so much, or that they want more time to save or earn, but that deep in their consciousness is a feeling of fear of the unknown. So it is with all of the things that affect us in life. After we know the causes, these things become simple to solve. At least the worry and fear about them is eliminated and that gives a clearer mind and a clearer mental attitude to fight and overcome them.

Light and color have a place in this discussion, for their effect is oftentimes not taken into account. The misuse of our eyes has had a serious effect upon the health of millions in the past, and is having the same effect upon many today. We spend a large portion of the day under artificial light, in poor light, or in darkness no matter whether we are at home, at the office, in a restaurant or some place of recreation and amusement.

In spite of thousands of years of evolution, the eyes have not very greatly changed. God and nature intended the eyes to be used in the daylight and not in artificial light. They see fairly well in a soft light, but were never constructed for use in artificial light. For thousands of years, man had no artificial light, and when it became too dark to see in nature's own light, he went to sleep. With the invention of scientific devices and aids to our living, came artificial light. At the beginning it was the yellow light of a candle or burning wood.



Until recently, electric lights were yellowish in color. They seemed to be bright and to illuminate everything, but

photography proved them to be lacking a necessary quality. Today the emphasis is on indirect lighting in homes and offices, and on a better quality of light. It is not the quantity that counts but the quality. Still, the average home, restaurant, theater, and place of amusement, for the sake of artistic effect uses lights which shed no real illumination. The most attractive restaurant, place of amusement, living room, or place for social affairs, seems to be the one that is dimly lighted. The eyes suffer because of this. In public schools the desks are so arranged that there is proper daylight with no strain on the children's eyes. As soon as the children go home, however, or to places of amusement, their eyes are made to suffer to a degree little suspected.

Not only is the amount of light often insufficient, but the color of it is often decidedly detrimental. The most popular light would seem to be flame or soft orange color. This is the very worst for the eyes and for the consciousness of the individual. It is a deterrent to many of the faculties, and has a bad effect on the psychic centers, glands, and general psychic consciousness, sure to result in ill-health and a disturbance of the memory and mental faculties.

This brings me to the important point of color. It is true that a bedroom all blue is more conducive to sleep because the blue rests and relaxes the eyes and brings on sleepiness. Red and orange have the very opposite effect because they stimulate the optic nerves and the brain consciousness and strain the eyes. If reading and writing, or looking at pictures is done in orange or red light, there is a stimulation of the eye and of certain centers of consciousness throughout the body. A brilliant red is very deleterious, and men who work for many hours in a photographic darkroom seriously strain the eyes and overstimulate certain glands and organs of the body. The effect is even more definite upon women.

Green is often used on lamp shades because green is neither stimulating nor relaxing to the eyes. It protects the eyes from being affected by too much illumination and saves a great deal of strain; nevertheless, a great amount of green light would not be good because of the blue and yellow in it. Violet light, on the other hand, is used for therapeutic purposes because there is enough red in it to give stimulation and enough blue to cause relaxation.

At this point it might be added that there is no direct relationship between the colors of one's aura and the colors of lights or of objects with which we may surround ourselves. We may realize a certain sensation of color in the aura of another indicative of psychical well-being; yet, that same color, if used in illumination or wall coloring, might not be beneficial.



This may seem inconsistent but there are many examples to prove it. White is a harmonious blending of all colors

of the spectrum, and symbolizes all the curative and salutary effects of sunlight; yet an individual with an absolutely white complexion would be considered ill. Likewise, the vivid green of many vegetables would be alarming as facial coloring. Ordinary yellow in the aura stands for intuitive wisdom and certain other mystical qualities, but in a room it is not conducive to mystical development. You may recall certain statements in Monograph #119 of the Eleventh Degree in connection with an exercise given at the time. It was stated there that "... yellow is the only color that does not add to vitality. It does not deplete or take away from the vitality in any sense, but it has no effect upon the vitality and very little effect upon the psychic development. It does have some minor effects upon some of the glands and that is why we do not eliminate it altogether."

Nothing is so beneficial as a bluish white, for it is the nearest to pure sunlight that we are able to create artificially.

In clothing, color is equally important, acting as a stimulant or a depressant to the wearer. For that reason, care in its selection is necessary. Thus we see that in home, business, and social affairs, we are affected by light and color. These are minor influences; yet when persons limit themselves to only a few colors, the influence becomes a major one. Now that we have considered these various influences, we shall consider how we may overcome or modify some of them and improve our state of happiness and health.

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER

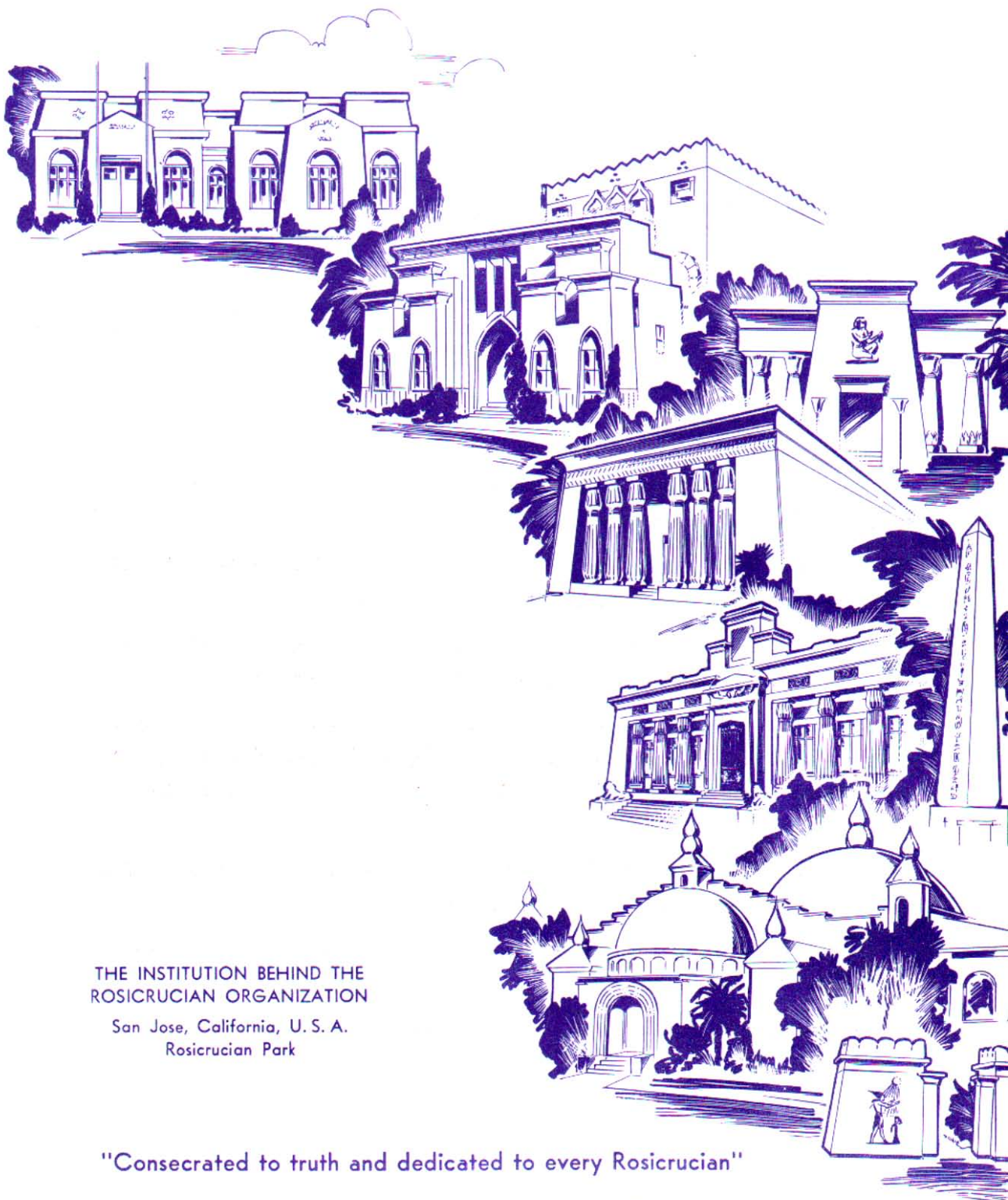


## Summary of This Monograph



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ In addition to the influences of the sun, moon, planets and stars, Cosmic and earth rays, and the vibrations emanating from the auras of others, we are affected by yet other influences in our earthly environment.
- ¶ The greatest fear of the human consciousness is the fear of the "unknown." This unknown element affects all adversely until it is understood.
- ¶ Light and color are important influences, a poor quality of light, insufficient light, or the wrong color being detrimental psychically as well as physically.
- ¶ Blue rests and relaxes the eyes; red and orange stimulate the optic nerves and strain the eyes; green is neither stimulating nor relaxing to the eyes; violet has definite therapeutic value; yellow neither adds to nor detracts from vitality as a color, but as light is of poor quality.
- ¶ There is no direct relationship between the colors of one's aura and the color of lights or of objects with which we surround ourselves.
- ¶ Nothing is so beneficial as a bluish white, for it is the nearest to pure sunlight that we are able to create artificially.
- ¶ In clothing, color acts as a stimulant or a depressant to the wearer.



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